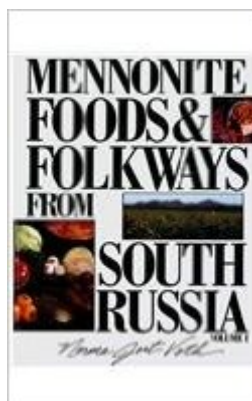


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# Mennonite Food And Folkways From South Russia, Vol. 1



## Synopsis

An abundant food tradition developed when Mennonites from eastern Europe settled in the Ukraine. These people, who had migrated extensively because of religious persecution and economic pressures, blended their flavorful cooking with their new neighbors' food. Here are 400 recipes with easy-to-follow instructions and stories that surround these foods' making and eating.

## Book Information

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## Customer Reviews

The Mennonites are an Anabaptist denomination known for their adult baptism, and their commitment to pacifism. During the eighteenth century, the Prussian government began making life uncomfortable for their Mennonite communities, and as such when they were invited to move to colonies in South Russia, where they could farm and freely practice their religion, many jumped at the chance. The Mennonite communities of South Russia maintained their own unique culture, with various folkways and many delicious foods. And when these Mennonites migrated again, this time to North America, they brought their culture with them. In this book, Norma Jost Voth gives us a nice history of the Mennonites, and then follows it up with over 100 recipes, covering everything from waffles to deserts, including breads, vegetables, pickles, and Christmas goodies. Along the way, the reader is treated to numerous little goodies â songs, poems, reminiscences, and much more. This is a very good book. If you are lucky enough to have a South Russian Mennonite strain in your heritage, then you will want to get this book â it really is a great connection to your past. Heck, even if you have no connections to the Mennonites of South Russia, if you like cooking, you will like the many

wonderful recipes that this book contains. If you can get this book, then get it!

Great read when you have a quiet afternoon with a cup of coffee and you need some "me" time. Love reading about my heritage. When you read about how hard people worked, just to survive, it makes you realize how lucky we are. Mennonites gave up so much for their faith and freedom. Recipes are very good, reminds me of my Oma's cooking.

This is a true classic history/cookbook combination, outlining the emigrations of the Mennonites from country to country, and which recipes they started out with, which they picked up in each country. Not only are the recipes researched by the author, they are definitely GOOD and true to tradition. This coupled with anecdotes of the times, photos makes for interesting reading. This is the book I would have wanted to write myself, as I have always wondered where our family recipes actually originated. I am sorry it is out of print as it is something people of the Mennonite persuasion from the southern Russia area would find a treasure. I have given this (along with Volume II) as a gift whenever I can find it.

This book has the have-to recipes for a Russian Mennonite plus lots of great cultural trivia. I think the author is kind of a liberal, though. It could have used more perspective from those who are actually living the traditions and not just remembering them from grandma's time.

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